

The background features a gradient from red at the top to blue at the bottom, overlaid with faint, semi-transparent circular patterns and numbers. On the left side, there are several concentric circles and arcs, some with tick marks and numbers ranging from 140 to 260. On the right side, there are more circular patterns, some with arrows indicating a clockwise direction. The overall aesthetic is technical and futuristic.

PLANNING ALTERNATIVE TOMORROWS WITH HOPE

PARENT SESSION

KARA THRASHER-LIVINGSTON

Introductions
we are – parents
community members
and.....



Let's talk about person centered planning –

going way back – people needed to fit into programs
more recently – programs built to fit the person
family has always been there!

community has always been there!

Our loved ones have the right to fully participate in community life
to take reasonable risks and chances

adult learning lasts life-long for all of us – it's not just k-12 school

person centered planning needs a conscious commitment to create
person centered outcomes!

The traditions -

MAPS (making action plans – like a map)

PATH

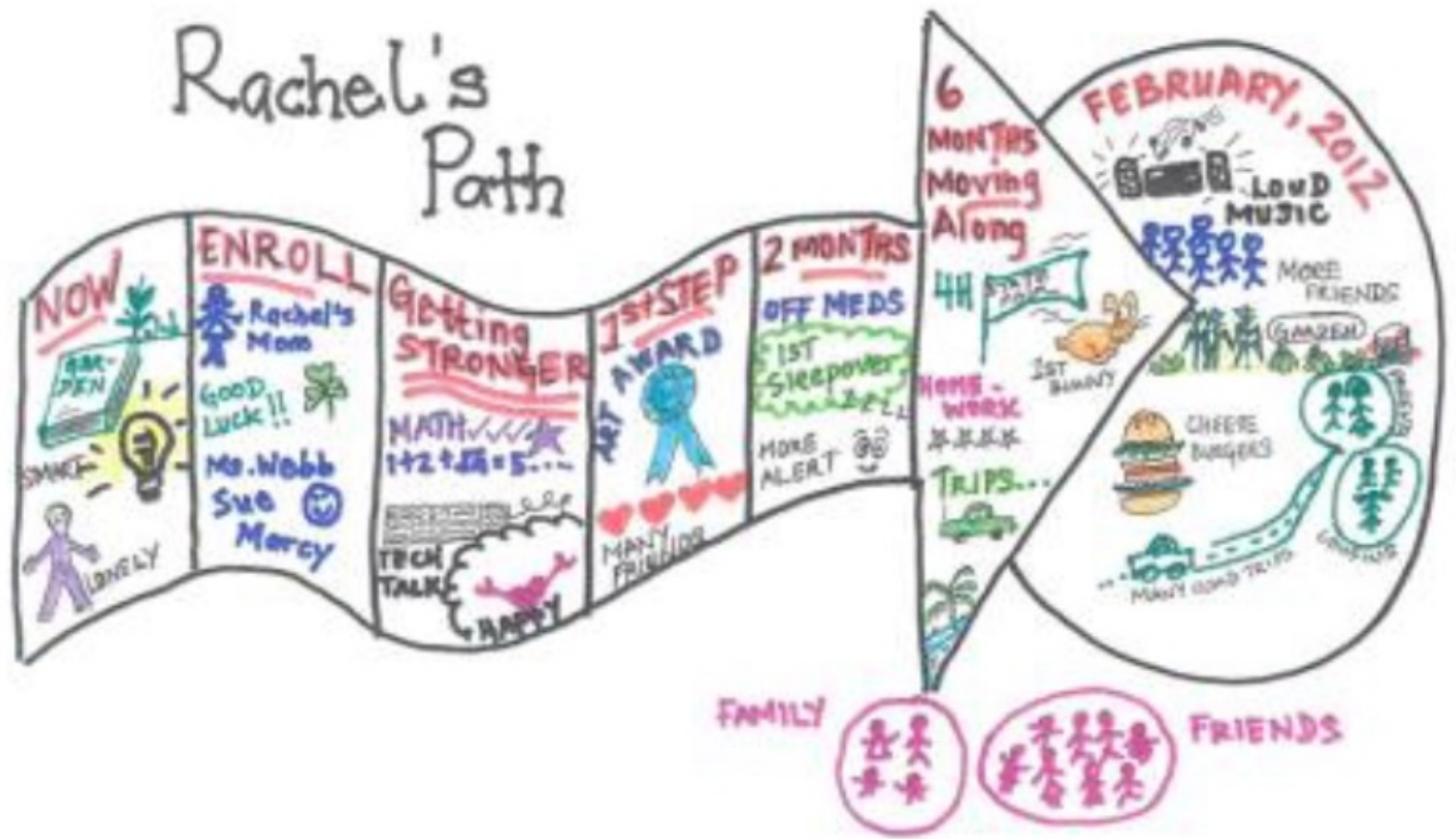
Essential Lifestyle planning

Personal Futures planning

Individual Service Design

Meeting and discussion methods give a visual shape to the person's story

Rachel's Path



Basic Elements of person centered planning

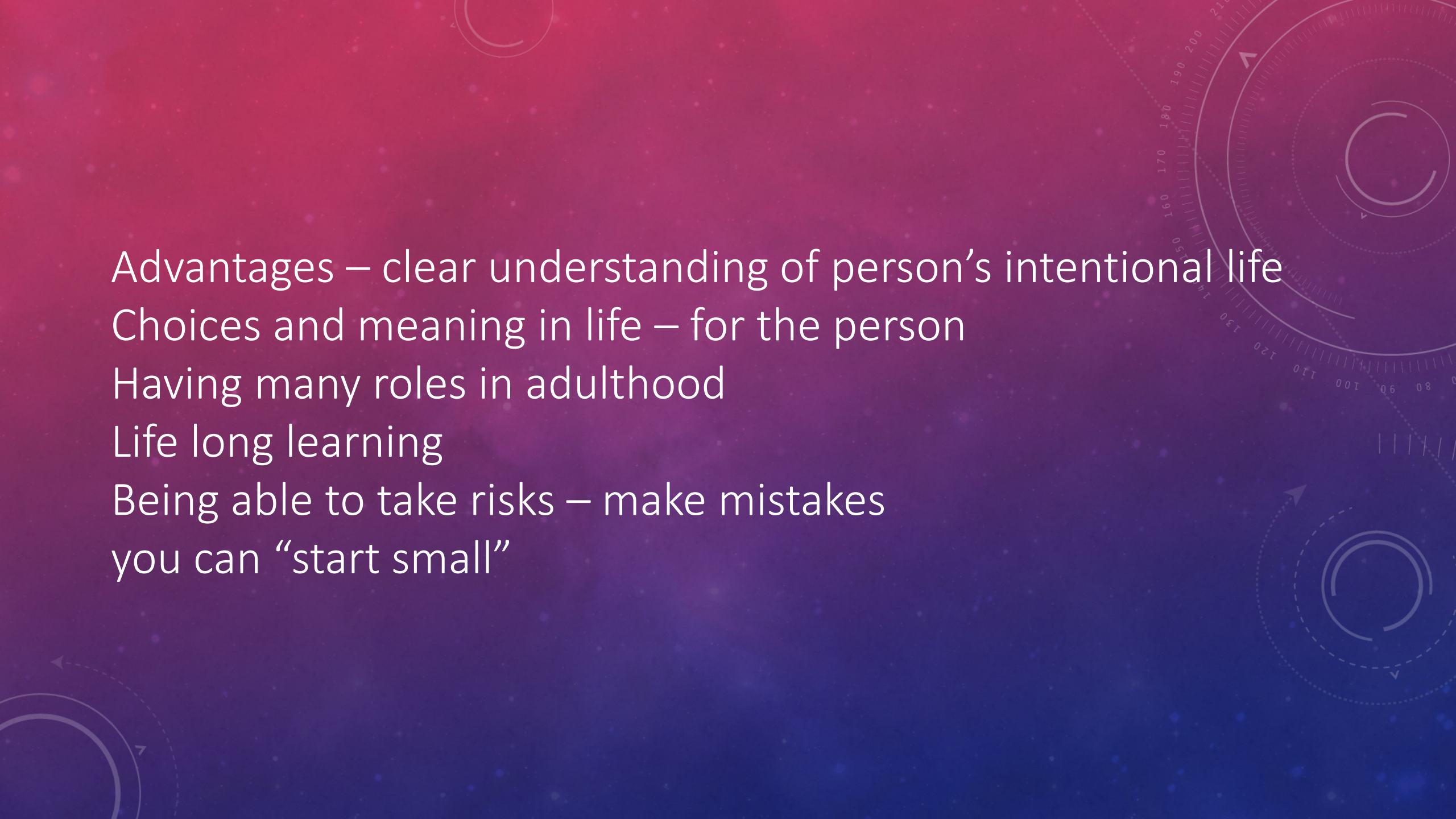
Finding out who the focus person is!

history, relationships, places, choices, what works/doesn't
what is the person's dream?

what is the person's nightmare?

what are the person's strengths, talents?

what does the person need right now?



Advantages – clear understanding of person’s intentional life
Choices and meaning in life – for the person
Having many roles in adulthood
Life long learning
Being able to take risks – make mistakes
you can “start small”

Controversies

not a quick fix for anything

seems like A LOT of work

some may not believe the person or want to only do what they think is right

.....inertia.....

The system

Where to start? Draw the person in or let them choose?

Assumptions – “it’s not safe” “they can’t do that”

Lack of support from others

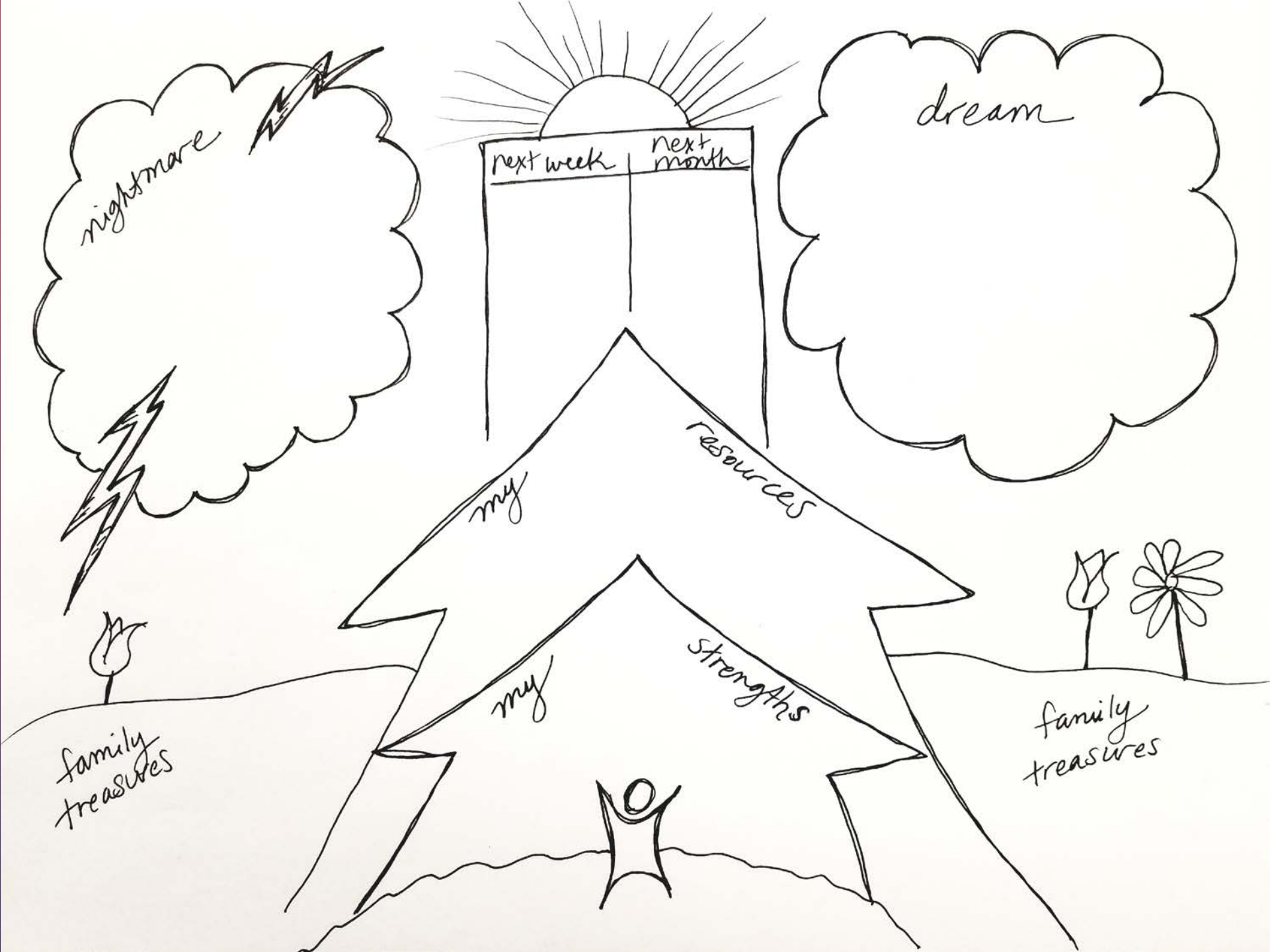
The background features a gradient from red at the top to blue at the bottom, overlaid with a field of small white stars. Several faint, semi-transparent circular diagrams are visible, including a large one in the top right with numerical markings (100, 110, 120, 130, 140, 150, 160, 170, 180, 190, 200) and arrows, and another in the bottom right with dashed lines and arrows. A partial circular diagram is also visible in the bottom left.

As parents we support our children.

To support his or her person centered future we must
combine our love with OPTIMISM!

What do you need?

To be able to have a person centered plan for your child?



The background features a gradient from red at the top to blue at the bottom, overlaid with faint, semi-transparent circular patterns and a scale. The scale is a large arc on the left side, with numerical markings from 140 to 260 in increments of 10. Several smaller circles with arrows indicate a clockwise or counter-clockwise direction, suggesting a process or cycle. The overall aesthetic is technical and futuristic.

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