

Family

ECHO



UAA Center for
Human Development
UNIVERSITY of ALASKA ANCHORAGE

Meets every 2nd and 4th Wednesday each month from 11:00 am - 12:00 pm

Join this group of those who love and support family members with intellectual and developmental disabilities (IDD). The Echo's goal is to increase knowledge and skills for raising and supporting family members with IDD, behavioral health diagnoses, trauma history, FASD and related neurodevelopmental disabilities, and to build a network of strong family advocates in Alaska.

Supported by Alaskan specialists including the disciplines of speech, neurodevelopment/autism, occupational and/or physical therapy, special education, behavior analysis, and developmental/behavioral pediatric medicine.

Develop connections with fellow Alaska families, be introduced to professionals and build your capacity as parents and professionals to work and advocate together effectively.

Training topics include Covid-19 and its impact, understanding and navigating the Alaska IDD service system, special education, service funding sources and resources, understanding and working with challenging behaviors, sensory processing challenges, and others.

Register at:

<https://bit.ly/family.echoregistration>

Hub

Multidisciplinary team of
subject matter experts



Participants

Families/Caregivers



Community

Individuals receive better care
in their community



Benefits of Family ECHO:

- * Get information on current approaches to supporting your family member in home, school, and community
- * Increase the capacity of parents and professionals to work together effectively
- * Improve individual and family outcomes through peer mentoring and family supports
- * Share individual and family successes Support your family member without leaving your home community

