Cathy Colwell

educator, former staff development director, DSP and Guardian

I have worked in the Developmental Disability field since 2004. During that time, I have trained DSP's and other professionals to provide high quality best practices. I have also been able to support parents through providing resources and teaching positive strategies for advocating for their children. I have learned there is power in advocacy and although relatively retired now, I still am passionate about the need to be an advocate. Along the way I have become guardian for a woman who needed an advocate and have learned even more from her. I hope I can contribute to the work of the Stone Soup Group with what I have learned and what I so strongly believe.