

Annie Thomas-Landrum



Annie Thomas-Landrum is the Associate Director of Health Workforce at the Alaska AHEC at UAA and is the owner of Managing Me Enterprises. She became a 3rd generation nurse oh so long ago in 2004 and is gradually coming to grips with how old that makes her. Annie has worked in many areas of healthcare including neurosurgical ICU, labor and delivery, international relief and medical aid, home health and hospice, travel health, healthcare marketing, inpatient mental health, nursing education, and large-scale contact tracing. In 2020, she completed her MSN in nursing leadership and administration and authored the Resilience Recovery Program after experiencing her own crisis of burnout and compassion fatigue. Her work focuses on deepening our connections to ourselves and one another, and using that connection to change the systems we work within.