

## Sponsored by:



Alaska Center for Children and Adults



Alaska Center for Resource Families

Presented on Zoom. (Telephone call-in is also available.)

Find out more information call  
1-800-478-7307

## To sign up:

E-mail [acrf@nwresource.org](mailto:acrf@nwresource.org) with name of participants, email address and phone number and provider number if you are a currently licensed foster parent.

FIND MORE INFORMATION AT:

[www.acrf.org/self-study/fasd-across-the-lifespan](http://www.acrf.org/self-study/fasd-across-the-lifespan)

## SPONSORS

This series is made possible with support from the State of Alaska FASD Program and the Alaska Mental Health Trust Authority



*A Series for Caregivers of Individuals with Pre-natal Alcohol Exposure*

A 7-part series for caregivers exploring the impact of prenatal alcohol exposure across the lifespan from infancy through adulthood. This series is focused on caregivers, though all working with families are welcomed. Alaska Licensed foster parents can earn training credit toward licensing requirements.

Workshops meet on Zoom (or telephone) the first Wednesday of each month from 6:30 to 8 p.m. There is no fee.

## Sessions

- Feb. 3: **Introduction and Diagnosis:** *Spotlight on Prevention* (Marilyn Pierce-Bulger, Alaska Center for FASD)
- Mar. 3: **Infant Learning and Early Intervention:** *Spotlight on Sensory Needs* (Gail Trujillo, Early Learning Program Coordinator)
- Apr. 7: **Preschool and Social Development:** *Spotlight on Developing Social Skills* (Jamie Bleakley, A Better Tomorrow Therapy and Wellness Center)
- May 5: **School Age:** *Spotlight on Learning Challenges* (Deb Evensen, FASD Consultant)
- June 2: **Middle School:** *Spotlight on Challenging Behaviors* (Tami Eller, AK Child and Family)
- July 7: **High School/Transition to Adulthood:** *Spotlight on Dysmaturity* (Jeanne Gerhardt-Cyrus, Kobuk Valley Consulting)
- Aug. 4: **Adulthood:** *Spotlight on Interdependence* (Jenn Wagaman, Alaska Center for Children and Adults)