

FRIDAY, April 6, 2018 (Day One)
Registration: 9 am – 9:30 am (*light breakfast is available*)
Conference Start: 9:30 am
Lunch: 12 – 1 pm (on your own)
Conference End: 5 pm
 *Live-streaming session

#	Time	Room	Title	Presenters
1	9:30 - 10:30am	Cuddy Hall	Welcome* Developmental Disabilities Shared Vision* Youth Transition Stories* Youth share their story about transitioning into adulthood and learn about “what made a difference” in their services and supports. A panel discussion follows for an opportunity to ask questions.	Mary Middleton, Executive Director, Stone Soup Group
2	10:45 - 12pm	Cuddy Hall	Transition Planning for Parents* <i>Best Practice in Transition Planning: School Services</i> Schools are required to help students prepare for adulthood. Learn about the requirements for transition planning in special education law and how to work effectively with the school team to support students.	Krista James, University of Alaska Anchorage, College of Education
3	10:45 - 12pm	202 Eugene Short	Tools for Daily Transition <i>Visuals, Fidgets, and Timers; Oh my!</i> Make your own supports to help with daily transitions! During this interactive session you will learn about a variety of visuals, fidgets, and timers that can be used to support daily transitions. You will also have the opportunity to create and take home many of the supports covered during the session.	Tara Maltby, Special Education Service Agency (SESA)/ Alaska Autism Resource Center (AARC)
Lunch Break – 12:00-1:00 pm				
4	12:15 - 1pm	Cuddy Hall	Mentor Advocate Partner (MAP) Parent Panel <i>You're not alone: The importance of peer support</i> **Bring your lunch to this session! A panel of experienced parents share their story and explain how peer support made the difference. Learn more about the <u>Mentor Advocate Partner</u> Program and accessing peer supports in Alaska.	Debbie Brooks, Shelly Vendetti- Vuckovich, Rachel Vandiver
5	12:30 - 1pm	Cuddy Hall	500 Course Meetup* If you're registered for the 500-Level Course through UAA, this is an opportunity to ask questions about the course requirements and meet fellow students.	Alex Fogarty, Program Director, Stone Soup Group
6	1:15 - 2:15pm	202 Eugene Short	Health Care Panel Discussion: From Pediatric to Adult Providers Listen to a panel of providers discuss the transition from pediatric to adult health care. As youth grow older, managing medical needs becomes their own responsibility. Learn more about supporting and planning for this transition into adult health care.	Jamie Reyes, Alaska Center for Pediatrics Amber Shea Ptarmigan Connections

Friday, April 6, 2018 (cont.)

#	Time	Room	Title	Presenters
7	1:15 - 2:15pm	Cuddy Hall	Transition Resources and Financial Tools* <i>Alaska Transition Handbook: Pathway to Adulthood and Employment</i> This session will cover Alaska specific transition resources included in the newly launched Alaska Transition Handbook, a resource for employment and transition to adulthood for Alaskans with intellectual and/or developmental disabilities. Tools like ABLE accounts and Alaska Disability Benefits 101 will also be covered.	Ric Nelson , Governor's Council on Disabilities and Special Education
8	2:30 - 4pm	Cuddy Hall	Rural Transition Resources* <i>Transition resources in rural Alaska</i> Listen as experts share existing and upcoming resources for individuals transitioning into adulthood and who live in rural areas.	Gail Greenhalgh & John Cowper , SERRC Tom Cyrus , Maniilaq Tribal Vocational Rehab
9	2:30 - 4pm	202 Eugene Short	PATH Planning: Youth Session <i>Planning Alternative. Tomorrows with Hope</i> Youth ONLY session. An opportunity for youth to think and plan for the future after high school and as an adult.	Travis Hedwig , Health Sciences, UAA Sara Schindler , UAA
10	2:30 - 4pm	203 Eugene Short	PATH Planning: Parent Session <i>Planning Alternative. Tomorrows with Hope</i> Parent ONLY session. An opportunity for parents to think and assist with planning for your youth's future after high school and as an adult.	Kara Thrasher-Livingston , Senior and Disability Services
11	4:15 - 5pm	202 Eugene Short	Self Advocacy and Disability Disclosure <i>The Good, The Bad and the Ugly: Personal Experiences with Public Self Advocacy</i> This is <u>not</u> a session about legality, advice, or recommendations. This is the story of someone who experienced an acquired disability, participated in different types of self-advocacy, and continues to live through the repercussions of those actions.	Annette Alfonsi , Alaska Coordinator - Unmasking Brain Injury
12	4:15 - 5pm	Cuddy Hall	Post-Secondary Programs for Individuals with Autism - A Parent's Journey.* <i>"My child is graduating from High School. What's next?"</i> Learn about one parent's quest to find the right post-secondary program for their child. Attendees will learn about questions to ask and specific considerations for individuals with disabilities when exploring post-secondary programs.	Rebeka Edge

End of Day One

SATURDAY, April 7, 2018 (Day Two)
Registration: 9 am – 9:30 am (light breakfast is available)
Conference Start: 9:30 am
Lunch: 12:30 – 1:30 pm (on your own)
Conference End: 4:30 pm
***Live-streaming session**

#	Time	Room	Title	Presenters
13	9:30 - 10am	Cuddy Hall	Soupy Award Ceremony* Stone Soup Group is excited to publicly recognize individuals, businesses, and organizations who have made significant contributions within the community, to the benefit families who care for children special needs in Alaska. The 2018 Stone Soup Group Soupy Awards (<i>the Soupies</i>) are four awards that will be given to winners in each category, one for each of the core values of Stone Soup Group: Respect, Family-Centered, Excellence and Partnership.	Mary Middleton , Executive Director, Stone Soup Group
14	10:15 - 11:15am	202 Eugene Short	Let's Play <i>The importance of play in occupational, physical, and speech-language therapy to enhance skill development</i> Play is an integral part of children's development and is their major occupation for daily life. Play can be used to elicit speech and language, encourage movement, and develop awareness of self and others. This presentation will explain how play is used in therapy and provide tips and tricks for parents to use at home. Play is practice for life!	Jessica Flanigan, Sara Montgomery & VondaKay Goodman, All for Kids Pediatric Therapy
15	10:15 - 11:15am	Cuddy Hall	Parents, Vocational Rehabilitation and Schools Working Together* <i>Transition to adulthood: It takes a community</i> Working together as a team to support transition age youth is important. Learn more about each person's role and responsibility in preparing youth for adulthood. Learn what skills are most important and how to teach them. Presenting will be a teacher and her students to give a full perspective.	Michelle Carroll , Life Skills Teacher, East High School & East High School Students
16	11:30 - 12:30pm	Cuddy Hall	Transitions for Changes in Family Dynamics* <i>Navigating Minor and Major Life Transitions</i> Changes in family dynamics can be difficult for everyone! This session will explore ways to ensure your children are supported and practical tips to make changes easier.	Brenda Ursel & Kimberly Mouriquand , Alaska Center for Resource Families
17	11:30 - 12:30pm	202 Eugene Short	Housing Options <i>Housing Options for Young Adults with Disabilities: A Panel Discussion</i> A panel of experienced parents discuss their journey to find housing for their youth with disabilities.	Cheri Scott & Karen Timmins Founder and former Stone Soup Group Board Members Lori Nealley , NeighborWorks® Alaska
Lunch Break 12:30 – 1:30 pm				

SATURDAY, April 7, 2018 (cont.)

#	Time	Room	Title	Presenters
18	12:45 - 1:30pm	Cuddy Hall	Transitioning: From a Kids, Parents, & Autistic's Point of View* <i>**Bring your lunch to this session!</i> Transitioning through different stages of life with how-to's, understanding the feelings of a person with disabilities, outcomes of steps taken, and changes still needed in today's society.	Heidi Lieb-Williams
19	1:45 - 3:15pm	Cuddy Hall	Supported Decision Making* <i>Future Planning; Supported Decision Making Agreements and Other Alternatives to Guardianship</i> Learn about alternatives to full guardianship, particularly the new Supported Decision-Making Agreement (SDMA). The training will cover SDMA's and how they work to support young adults who might choose a slower roll to independent decision-making. We will also discuss where SDMA's fit into an Individual Education Program and how to use their development to work on skills for self-advocacy.	Anne Applegate, Governor's Council on Disabilities and Special Education
20	1:45 - 3:15pm	202 Eugene Short	First Responders and Children/Youth with Special Needs <i>Interacting with First Responders: A Listening & Sharing Session</i> Do you have questions or concerns about interactions with first responders? This session will include an opportunity to learn from law enforcement and first responders about their interactions with youth with disabilities. Attendees will also have an opportunity to share concerns and discuss scenarios with those on the front lines.	Sgt. Ryan Rockom, Anchorage Police Dept. Lt. Tom Dunn, Alaska State Troopers Ginny Jackson, Mat-Su Borough Department of Emergency Services
21	3:30 - 4:30pm	Cuddy Hall	Sexuality and Relationships* <i>Supporting Sexuality and Relationship Development</i> This session will heighten awareness and engage attendees in dialog surrounding sexual health of adolescents and adults with developmental disabilities (DD) and the importance of addressing this issue in primary care and other settings. Topics of discussion will include sexual development and related issues for individuals with DD, victimization and abuse prevention, sexual rights, tips for teaching sexual health, and resources for professionals and families. Activities will include an exercise and a case study discussion.	Julie Atkinson & Karen Ward, Center for Human Development
22	3:30 - 4:30pm	202 Eugene Short	Assistive Technology for Daily Transition <i>Meeting Your Daily Transition Needs with Assistive Technology</i> Learn more about assistive technology options to help support daily transitions for individuals with all needs/abilities. Assistive Technology to be considered include iPad apps, Amazon Echo, and visual schedules.	Mariana Livingston Assistive Technology of Alaska (ATLA)

End of Conference