

**The 2010 FASD 101 & 201 class schedule has arrived!**

**Visit the 'Workshops' page on our website to sign up for these classes.**

Each class is 4 hours long. Evening classes consist of two 2 – hour sessions that together make up the 4 hours required to receive the certificate of training required by professional organizations\*.

January 18, 12-4 pm – FASD 101

February 8, 12-4 pm – FASD 101

March 8, 12-4 pm - FASD 201

April 12 and 19, 6-8 pm - FASD 101 (This is a two-part training, participants must attend both sessions to get credit.)

May 10, 12-4 pm - FASD 101

June 7 and 14, 6-8 pm - FASD 201 (This is a two-part training, participants must attend both sessions to get credit.)

July 12, 12-4 pm – FASD 101

August 9, 12-4 pm - FASD 101

September 13, 12-4 pm - FASD 201

October 11, 12-4 pm - FASD 101

November 8, 12-4 pm - FASD 101

December 13, 12-4 pm - FASD 201

- CLASS DESCRIPTIONS ARE ON NEXT PAGE -

## FASD 101 Disabilities of Discovery: Insights into Brain-based Disorders

This workshop will provide a foundation of knowledge and understanding of Fetal Alcohol Spectrum Disorders. A thought provoking process for those who have struggled with children or clients who seem unmotivated or non-compliant, this workshop will offer different perspectives on what may be going on for these individuals. Participants will:

- Explore common false beliefs about FAS
- Learn about impacts of alcohol on fetal development
- Study specific areas of the brain and the critical roles they play
- Gain a working knowledge of terms used to define and diagnose people with prenatal exposure related conditions
- Understand the value of a good diagnosis
- Develop a framework for discussing primary manifestations of prenatal alcohol exposure
- Differentiate between primary and secondary disabilities and learn protective factors for preventing secondary disabilities

## FASD 201: Developing Effective Interventions and Strategies for Individuals with FASD

This course builds on the foundation of information established in FASD101 (***pre-requisite for this course***) and leads participants through the necessary steps of identifying individual strengths and needs, and learning how to build environments that maximize success for people with FASD. Information is provided through a combination of lecture, video, hands-on activities, and discussion. Participants will:

- Experience life with FASD – through the eyes of individuals and the families coping with this disability
- Examine common behaviors of those with FASD and common responses to those behaviors
- Explore a process for developing effective interventions
- Utilize case studies to practice developing interventions for individuals with FASD.

Each of these workshops provides a minimum of 4 contact education hours. Participants wanting certification hours will be required to attend 100% of the session.

The curriculum has been approved for education hours for **AK DEED; AK CCDPC; AK Bd. of LMFTs; AK Chapter of NABCC; AK Bd. of Nursing; AK Bd of Psych/Psychological Associate Examiners; AK Bd. of Prof. Counselors; and AK Bd of Social Work Examiners.**